European CBASP studies

Status: June 2008

**Pls: Dr. M. Colla, Dr. P. Klein; Charite Berlin**

**Getting Biased treatment study: How do CBASP or antidepressants change brain activity in chronic depression?**

Duloxetin (30-120mg) vs. CBASP (20 sessions over 12 weeks), 30 outpatients, outcome parameter: change of brain activity in FMRI; BMBF sponsored; Status: ongoing

**Pls: Dr. E. Schramm, I. Zobel, Freiburg**

**CBASP vs. IPT in early onset chronically depressed outpatients (plus neuropsychological parameters)**

Randomized pilot study; duration: 22 sessions over 16 weeks, 30 outpatients, sponsored by the Research Committee Freiburg; Status: recruitment completed

**Pls: Dr. E. Schramm, Dr. C. Normann, I. Zobel, Freiburg
Dr. D. Schöpf, Prof. H. Walter, Dr. K. Schnell, Bonn**

**Differential response to CBASP vs. escitalopram in chronic major depression with and without early trauma (plus fRMI)**

Randomized pilot study, duration: 22 sessions (12 acute, 10 maintenance) over 28 weeks, 60 outpatients, sponsored by Lundbeck; Status: accepted, beginning July 08

**Pls: Dr. E. Schramm, Prof. M. Härter, Freiburg**

**A comparison of the Cognitive Behavioural Analysis System of Psychotherapy (CBASP) against supportive psychotherapy and against CBASP combined with venlafaxine**

Randomized multicenter study, 20 weeks acute treatment (24 sessions) followed by 28 weeks of continuation treatment (8 sessions) = 32 sessions over 48 weeks; 315 outpatients, DFG-submitted, 2nd round:

Centers: Lübeck, Bonn, Münster, Leipzig, Tübingen, Marburg, Hamburg, Heidelberg, Mannheim, Freiburg

**Dr. E. Schramm, E.-L. Brakemeier, G. Wilbertz, Freiburg (Diplomarbeit)**

**Theory of Mind-performance in early onset chronically depressed outpatients: signs of preoperational characteristics?**

16 early onset chronically depressed patients vs. 16 healthy controls, use of the MASC-videotest, empathy-scales, and neuropsychological parameters

status: completed

**Dr. E. Schramm, Ingo Zobel, Doris Werden, Freiburg (Diplomarbeit)**

**Theory of Mind deficits in chronically depressed patients**

30 chronically depressed patients vs. 30 healthy controls, use of 2 cartoon picture stories, and neuropsychological parameters

status: completed

Treatment of chronically depressed patients: a multisite randomized controlled trial testing the effectiveness of 'Cognitive Behavioral Analysis System of Psychotherapy' (CBASP) for chronic depressions versus usual secondary care

BMC Psychiatry, 2008; 25; 8-18.

160 chronically depressed patients, 3 sites, 26-30 sessions in one year (bi-weekly followed by weekly sessions up to week 16. After that every two weeks and monthly sessions); sponsored by ZonMw – the Netherlands Organization for Health Research and Development

Status: 110 patients enrolled